



# Goal Mexico 2011

San Francisco, California to San Francisco, Mexico

July 2nd - July 9th

*Saturday, July 2 - Puerto Vallarta, MX*

## **8:00 am - Meet at San Francisco International Airport**

We will meet at the international terminal before going through security. Together we will go to the gate and board the flight.

Alaska Airlines - AS 220 - Departing at 10:45am

## **4:20 pm - Arrive in Puerto Vallarta, MX**

When we arrive at the Puerto Vallarta Airport we will get our bags and go through customs. This is an easy process but could take up to one hour.

## **5:30-6:00 pm - Private Shuttle to Hotel**

Once through customs, we will have a private shuttle take the group to our hotel in the historic and vibrant downtown area of Puerto Vallarta.

## **7:00 pm - Traditional Mexican Dinner**

After we check in to the hotel and become acclimated, we will experience a traditional Mexican dinner and watch the nightly fireworks over the Pacific Ocean.



## *Sunday, July 3 – Puerto Vallarta, MX*



### **8:00-10:00 am - Breakfast**

A short walk through town will take us to Fredy's Tucan for breakfast, voted best breakfast in Puerto Vallarta for many years!

### **10:00-10:45 am - Spanish Lesson**

A local bilingual teacher, who was also an All-American player in the USA and played at the collegiate level, will give a lesson in Spanish.



### **11:00 - 11:30 am - Bus to PV Soccer Stadium**

This short bus ride will take us to the community stadium that has a nice field with a track surrounding.

### **11:30 - 1:00 pm - Soccer Training**

Players from the USA & Mexico will participate in a rigorous soccer training.

### **1:00 - 3:00 - Beach Soccer, Swimming, & Lunch**

A short walk from the stadium will take us to the beach for swimming, beach soccer, and lunch delivered by a local restaurant. A short Spanish lesson will follow lunch.

### **3:00 - 5:00 pm - Return to Hotel & Relax**

After a fun and intense soccer session at the stadium and beach, we will return to the hotel to shower and relax before a Spanish lesson and dinner.

### **5:00 - 6:00 pm - Spanish Lesson**

### **6:00 - 7:00 pm - River Walk**

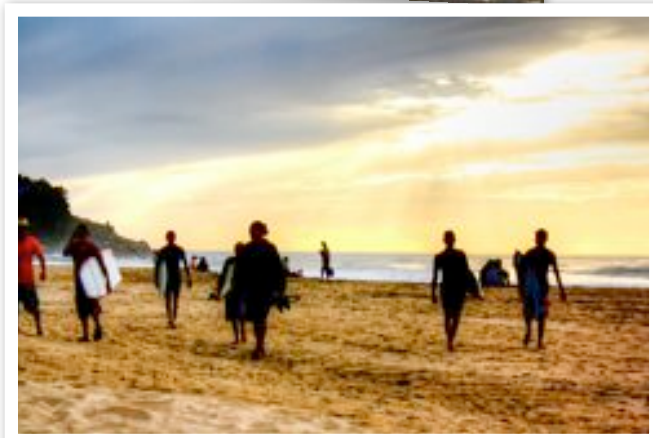
This is a beautiful walk along the river with a traditional Mexican market along the path.

### **7:00 - 9:00 pm - Dinner**

The River Walk will lead us to a fabulous restaurant.

### **9:00 - 10:00 pm - A Walk Along the Malecón**

After dinner we will take a nice stroll along the Pacific Ocean and enjoy the cultural events and fireworks before making our way back to the hotel.



## *Monday, July 4 – San Francisco, MX*

### **8:00 - 9:00 am - Continental Breakfast**

We will enjoy a quick breakfast at the hotel before our ride to San Francisco, Mexico.

### **9:30 - 10:30 am - Bus ride to San Francisco**

Traveling from Puerto Vallarta to San Francisco takes 45 minutes. Upon arrival we will check in to our private house that is within walking distance to the soccer field, beach, and the center of town.

### **11:00 - 1:00 pm - Soccer Training**

Players from the USA & Mexico will participate in a rigorous soccer training.

### **1:00 - 2:30 pm - Traditional Lunch at the House**

Our private chef will prepare a traditional lunch for us to enjoy.

### **3:00 - 5:00 pm - Community Youth Outreach**

We will work with a local organization to teach computer skills to the local children and practice our conversational Spanish, while learning about the local culture.

### **5:00 - 6:00 pm - A Walk Through Town to the Beach**

As we walk to the beach, the group will get become familiar with the town.

### **6:00 - 6:30 pm - Shower and Prepare for Dinner**

### **6:30 - 8:00 pm - Traditional Dinner at the House**

### **8:00 - 9:30 pm - Spanish Lesson, Soccer Video, and Bed**

Our Spanish teacher will lead us through a lesson, followed by a soccer video, then off to bed!

## *Tuesday, July 5 – San Francisco, MX*

### **8:00 - 9:00 am - Breakfast**

A quick breakfast will prepare us for a day of soccer and exploring.

### **9:00 - 12:00 pm - Soccer Training**

Players from the USA & Mexico will participate in a rigorous soccer training.

### **12:00 - 1:00 pm - Traditional Lunch**

The group will go to a local's favorite! This outdoor restaurant serves top quality traditional food.

### **1:00 - 3:00 pm - Beach Soccer & Swimming**

A short walk from the restaurant will take us to the beach where we will play beach soccer and jump in to the refreshing Pacific Ocean.

### **3:30 - 6:30 pm - Shower & Change, Spanish Lesson, & Walk Through Town**

After all the soccer and beach time, a shower is necessary! A Spanish lesson will follow and we will walk through town to practice using our Spanish with local people.

### **6:30 - 9:30 pm - Dinner and a Night Walk Through the Museum Ruins**

We will enjoy a traditional dinner prepared by our chef followed by a night walk through the museum ruins that date back to the early 1900's.



### *Wednesday, July 6 – Sayulita, MX*

#### **8:00 - 9:00 am - Breakfast**

A continental breakfast will prepare us for a day in Sayulita.

#### **9:30 am - Bus to Sayulita**

The town of Sayulita is about 10 minutes south of San Francisco, Mexico on the beautiful Pacific Ocean. The town is more touristy than San Francisco and is a cute little village on the ocean.

#### **10:00 - 11:00 am - Walk Through Town**

The group will learn the town and find traditional Mexican items to buy later in the day.

#### **11:00 - 1:00 pm - Beach Soccer**

#### **1:00 - 2:00 am - Lunch at a Popular Huichol Restaurant & Spanish Lesson**

The Huichol are the indigenous people of Mexico. We will enjoy their delicious food while we practice our Spanish.

#### **2:00 - 4:30 pm - Walk Through Town & Purchase Souvenirs**

This is the time to practice our Spanish and negotiation skills to buy Mexican souvenirs.

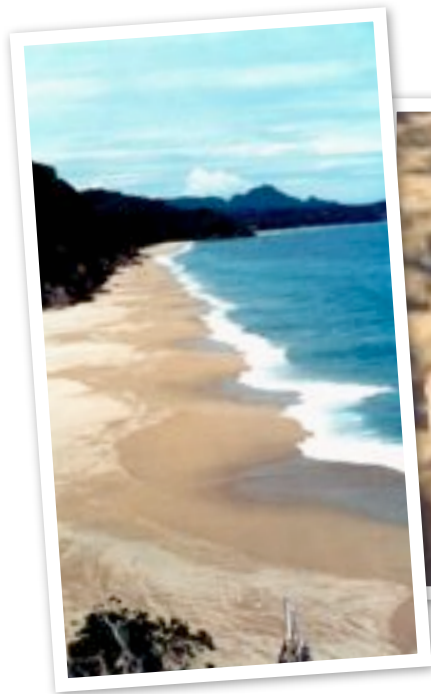
#### **4:30 - 5:00 pm - Bus Back to San Francisco**

#### **5:00 - 6:00 pm - Relax & Prepare for Dinner**

At the house, everyone will have time to shower, change, or just relax after a full day in Sayulita.

#### **6:00 - 10:00 pm - Dinner, Games, and Bed**

We will enjoy another wonderful meal with our chef at the house, play games, and go to bed.



## *Thursday, July 7 – San Francisco, MX*

### **8:00 - 9:00 am - Breakfast**

A traditional Mexican breakfast will energize us for a great day of soccer!

### **9:00 - 12:30 pm - Soccer Training**

An intense soccer training will improve soccer skills and the love of the game. Players from the US and Mexico will play together.

### **1:00 - 2:30 pm - Traditional Lunch**

We will have a traditional meal with our Mexican soccer friends, enjoying the great company and amazing food, while practicing our Spanish language skills.

### **3:00 - 5:00 pm - Community Youth Outreach**

We will work with a local organization and practice our conversational Spanish, while learning about the local culture.

### **5:00 - 6:30 pm - Cooking Lesson**

Dinner is a little different tonight! Our local chef will teach us how to make a traditional Mexican meal. We will learn the culinary secrets and practice our Spanish. Our Spanish teacher will be with us, guiding the group through the cooking lesson and the new vocabulary.

### **6:30 - 10:00 pm - Release Baby Sea Turtles & Watch the Sunset**

We will learn about the sea turtles of the area and watch a beautiful sunset over the Pacific Ocean. The sea turtles are facing extinction and a group of environmentalists in San Francisco dedicate their time to increase the sea turtle population. They accept donations to operate their marine turtle nursery.



## *Friday, July 8 – San Francisco, MX*

### **8:00 - 9:00 am - Breakfast**

### **9:00 - 10:00 am - Spanish Lesson**

Building on our previous lessons, our Spanish teacher will increase our vocabulary and confidence speaking with locals.

### **10:00 - 6:00 pm - Your Choice!**

This day is open to do what you want to do. We will be spending time on the soccer field and the beach, playing soccer, volleyball, swimming, practicing yoga and hiking. You can join us in our adventures or you can go on your own and explore. Activities include surf lessons, horseback riding, yoga classes on the beach, and much more. We know the business owners and can organize these activities for you.

### **6:00 - 10:00 pm - Community Dinner & Celebration**

The community will come together and celebrate the week-long cultural exchange. The soccer players, coaches, families, and mayor will join in this “Fiesta de Fútbol”. We will have the opportunity to socialize and say our good-byes.

## *Saturday, July 9 – Puerto Vallarta, MX*

### **9:00 - 10:00 am - Breakfast**

### **10:00 - 11:00 am - Final Game**

This is the final soccer game that we will play with the local Mexican soccer players. Players will apply their soccer skills and Spanish language they learned over the week in this culminating event.

### **11:30 - 12:30 pm - Shower, Pack, & Lunch**

After the game we will clean up, pack up our belongings, and eat lunch before leaving.

### **1:00 - 2:00 pm - Shuttle to Airport in Puerto Vallarta**

After lunch we will take a private shuttle to the airport to get on our flight to San Francisco, CA.

Alaska Airlines - AS 221 - Departing at 5:10 pm, Arriving at 7:00 pm

## *Wednesday, July 13 – Camp Meeting*

### **7:00 - 8:00 pm**

After a great week, we will come together to share photos, talk about our experience, and discuss suggestions for future trips. This will be a celebration of our time in Mexico!

**Location will be at Pyramid Brewery or another Berkeley location.  
Suggestions are welcome!**



# Meet the Coaches



## **Phil**

Philip Scicluna is the owner and head coach of Goal Mexico. His experience as an international professional soccer player and premier level, A license, coach brings the necessary expertise for this high-level international soccer camp. His technical skill and ability to teach youth is an amazing combination that creates high-quality soccer players.

## **Allison**

Coaching youth soccer is a passion for Allison. She has a special connection with youth players and brings out the confidence in children that is necessary for player development. In addition to playing and coaching for many years, she has organized and coordinated large collegiate level sporting events and tournaments.



## **Pamela**

Moving from Marin, CA, Pamela currently lives and teaches in Puerto Vallarta. She was an All-American soccer player and played collegiate soccer at the famous University of North Carolina, Chapel Hill. She has played with many high-level players, including Mia Hamm. Pamela is an excellent soccer coach and an effective Spanish teacher.



## **Alvaro**

Currently living in Puerto Vallarta, Alvaro is an avid soccer player who has played professionally in the United States and in Mexico. He has also coached many youth teams over the years. His experience and expertise help players develop their soccer techniques and knowledge of the game.



**Guest coaches, from Mexico & the USA, will also make appearances throughout the camp.**